

Why Do Catholics Go to Mass?

EPISODE 1 • STUDENT ACTIVITY SHEET

God speaks to us.

Jesus feeds us.

Name: _____

Date: _____

1. The big question

If God is everywhere and we can pray at home, why do Catholics go to Mass?

2. Two main parts of Mass

Draw a line from each part of Mass to what happens there.

Liturgy of the Word	Jesus gives himself to us in the Eucharist.
Liturgy of the Eucharist	God speaks to us through Scripture.

3. Fill in the path

Use these words: **gather • Word • Eucharist • sent**

At Mass we _____ as one Church family. We listen to God's _____. Jesus feeds us in the _____. Then we are _____ to love and serve.

4. True or false?

- _____ Sunday is a weekly celebration of Jesus' Resurrection.
- _____ Mass is a performance that only the priest does.
- _____ Children who have not made First Communion can still pray and participate.
- _____ Catholics believe Jesus is truly present in the Eucharist.

My Mass Mission

LISTEN • RECEIVE • LOVE • SERVE

5. Listen at Mass

After the readings or homily, write or draw one thing you think Jesus wants you to remember.

6. Live the Mass

Finish the sentence with one small, specific action:

This week Jesus is sending me to...

7. A prayer for Mass

Jesus, what do you want me to hear today—and whom do you want me to love this week?

8. Remember

SUNDAY	GOD SPEAKS	JESUS FEEDS	WE ARE SENT
--------	------------	-------------	-------------

Family conversation

Ask someone at home: What part of Mass helps you feel close to God? Share your own answer too.

For families and catechists: find the video lesson and teacher guide at kids.oracatholic.org/catechism.